

St. Gerard

Roman Catholic Parish

August 2, 2020

Eighteenth Sunday in Ordinary Time

Established December 11, 1904

LORD'S DAY MASS TIMES: Saturday: 5pm Sunday: 9am & 11am

CONTACT US

The Parish Office is open reduced hours, but the doors remain locked. <u>Please phone ahead.</u> We continue to take the necessary precautions to keep our parishioners and employees safe & healthy. You may phone/email the office Monday to Thursday between 9am and 4pm.

> 125 Third Avenue North, Yorkton, SK S3N 1C4 www.stgerard.ca |Telephone: 306.782.2449 |Email: office@stgerard.ca

Pastor	Fr. Louis Nguyen	306.782.0323	louisyorkton@gmail.com
Parish Office Administrator Caretaker			

MASS SCHEDULE

	/			
(Mon.	(3 rd)		NO MASS
	Tues.	(4 th)	7pm	+Colette Lammers
	Wed.	(5 th)	7pm	+Rose Broda
	Thurs.	(6 th)	7pm	+Maria-Irene Kohls & +Thomas Riechert
	Fri.	(7 th)	7pm	Russell Griffith
	Sat.	(8 th)	9am	Devon Yelle & Kyla Hornung

5pm +Olga Cherewyk

Sun. (9th) NINETEENTH SUNDAY IN ORDINARY TIME

9am Mass for the People

11am +Andre Turgeon

PLEASE remember to register for Saturday/Sunday Mass. It helps with preparation, and makes entering the church much smoother, quicker, and safer if everyone registers in advance (see column to the right for instructions). Thank you!



Stay Connected Online! www.stgerard.ca



RE-OPENING THE CHURCH

Great news! Per the Government of Saskatchewan and the Archdiocese of Regina directives, Father Louis will celebrate public Saturday/Sunday Mass for **a limited number of people at 3 Masses**. Please be patient as we are doing our best to follow the guidelines and to welcome as many people as possible.

All those wishing to attend must pre-register:

1. Check out the link at <u>www.stgerard.ca</u> and complete the registration form for you and your household <u>between Monday morning and</u> <u>Thursday at 4pm (or until registration is full)</u>.

2. Only if you do not have access to the internet, phone the Parish Office at 306.782.2449 Monday at 9am until Thursday at noon. If leaving a message, please include your name and telephone number and your call will be returned.

All must receive confirmation from the Parish Office prior to attending Mass. Thank you!

Lord, your love and compassion are always with us in times of trouble. Help me walk in solidarity with those who suffer and show them your love and compassion.

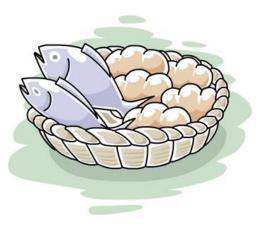
- From Faithful Meditations for Every Day in Ordinary Time, Rev. Warren J. Savage and Mary Ann McSweeny

A Note from Your Pastor.....

My Dear Sisters and Brothers in Christ,

In my opinion I would say that the entire story we hear in the Gospel today could be called a miracle of generosity. It is a very beautiful story and it teaches us a very good lesson - a lesson for you and I to be generous to God, to others and to ourselves.

First of all, we hear of the marvelous generosity of the boy. He has five loaves and two fish in his hands. It is a small thing in itself, but we should not forget that it is all that he has. We do not know where he is going, or what he is going to use it for. However, when the disciple asks him to offer what he has to the Lord, immediately the boy generously offers it all.



It is easy to give something that we really don't need, but it is harder when we have to give something that we need or love. When the gift is needed by the giver as much as by the receiver, that is true giving, that is a true sacrifice.

Then we hear of the generosity of Jesus. Matthew tells us, "Jesus saw a great crowd; and he had compassion for them and cured their sick" (Matthew 14.14). Jesus healed them in both spiritual and physical terms. After hearing his disciples say that he should send the crowds away so they can buy food or look after themselves Jesus says: "They need not go away, you give them something to eat". Jesus is concerned for the need of people, he teaches his disciples and to us, as well, that we should be concerned with the needs of others, share, and give whatever we can. It is easy for us to reach out to others when it doesn't cause us much inconvenience. Not so easy when we are in an uncomfortable moment. We have to set aside our plans and forget about ourselves.

Generosity is not always about giving things. More often it is about giving of ourselves, our time, our heart, our energy... Giving things can be easy but giving of ourselves is never easy. We know that before giving himself as spiritual food and drink in the Eucharist, Jesus gave of himself to people in so many other ways.

During this week we continue to reflect on how generous we can be. We always have something to give, to share, to offer to God and others.

For God, I would like to invite you to come to weekday Masses at least two more times a week. In our parish we have daily Masses from Tuesday to Friday at 7:00 pm, and one more on Saturday at 9:00 am. People can be generous to God by spending more time for him, to be with him and in Him. Please allow me to remind you that in the Eucharist we taste and see the love of God. The proof that we have experienced that love will be our willingness to love others. We may be able to give only in small ways and in small amounts. We can see from the little boy in the Gospel that a small amount can become a big amount when placed in the hands of the Lord. Therefore, come here (church) not only for the Lord's Day but for daily Masses as well. You offer to God your time, your love, and your presence means much in your spiritual life.

And for people, I would like to invite you to make effort to spend more time for others by praying for them, phoning them, texting them, being with them to listen to what they are concerned with.

In the second reading to the Romans, St. Paul reminds us that no matter the bad times we may have to go through (e.g., COVID-19), we remain fearless because we are certain that Christ loves us, "Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine...? No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord" (Romans 8. 35, 37-39).

My Dear Sisters and Brothers, just as Jesus needed five loaves and two fish from the hands of the little boy and the hands of the disciples to distribute the bread to the people, so God now needs our hands to make this abundance available to the hungry. People are hungry not only for food, but also for love, concern, attention, spirituality, encouragement... We offer to God whatever we have, and in His hands, what we have offered can become abundant for ourselves and others, so that we may live in harmony, with unity, and in a loving community.

May God be with you all and help you to open your hearts and minds and be generous to those who are in need. Love you all.

Have a wonderful weekend with God's abundance blessings.



Fr. Louis Nguyen

GIVING TO YOUR PARISH

The COVID-19 virus has impacted individuals world-wide. St. Gerard's Parish is no exception. One of the consequences of many being able to gather together for Mass is that our revenue has decreased. Despite availing ourselves to government relief programs, our expenses continue.

Thank you to those who are able to contribute by one of the following methods:

Pre-Authorized Giving (PAG)

After downloading the <u>Pre-Authorized Giving Form</u>, please complete it, attach a void cheque, & mail it to:

St. Gerard Parish 125 Third Ave N Yorkton, SK S3N 1C4

Online through CanadaHelps

Credit card donations may be made through CanadaHelps by clicking <u>here</u>.

Mail envelopes to the church

You may mail cheques (not cash), enclosed in your offertory envelope to:

St. Gerard Parish 125 Third Aye N



Interac e-Transfer

- 1. Log into your online banking account.
- 2. Find e-Transfer and add <u>giving@stgerard.ca</u> to your recipient list.
- 3. Enter the desired amount.
- 4. A question, answer, or password is not required by St. Gerard Church, however it may be required by your financial institution. If so, please email the question and answer to <u>giving@stgerard.ca</u> with your name, mailing address and telephone number so that we can ensure your contribution is recorded properly.

Please note that this is a secure transfer deposited directly to the church's account.

If you have an envelope number, your donation will be reflected in your annual charitable donation receipt. All others will receive a receipt by mail, so PLEASE include your mailing address in the followup email. Thanks!

Livestream of Daily and Sunday Masses - Resurrection Parish (Regina) -

are available at **9am** at the following link:

www.youtube.com/ArchdioceseRegina

Daily & Sunday Mass may also be viewed:

Vision TV (check your local TV listing) www.dailytvmass.com www.saltandlighttv.org/live/?muid=1



SACRAMENT OF RECONCILIATION

1/2 hour prior to weekday Mass Saturdays 8:30 am & 4:30 pm Or by appointment. Phone 306.782.2449 or 306.782.0323

<u>Marriage Preparation for Engaged Couples</u> - Fall Session. We are preparing dates for the Fall Session of Marriage Prep. At this point in time the sessions will include private study and Zoom meetings. If you are marrying in the next year and have not taken the Marriage Prep Course, please call Father Louis.

New to the parish? WELCOME !!!

If you are attending weekday or Sunday Masses, please introduce yourself to Father Louis! New Parishioner forms are available. You may download the form online at <u>www.stgerard.ca</u> and mail/email it to the Parish Office.

Are you moving this summer??

Please remember to notify the Parish Office. We like to keep our records current, and to be able to mail your charitable donation receipt to the correct address at the end of the year. Thanks!



Everyone (and we do mean everyone!!) is invited on **August 2nd at 7:00 PM** to come together for an Archdiocesan virtual family gathering! This gathering is meant to bring together folks from all across

southern Saskatchewan for a shared time of music, laughter, prayer, and good news. Please join us!



News from the CWL



The St. Gerard C.W.L.'s Gigantic Garage Sale has been CANCELLED for September 2020 due to the COVID-19 Pandemic. Please do not bring items to the church or Father's garage. Thank you!

St. Gerard's C.W.L. is having a raffle with three prizes: 1st prize - \$200 Cash; 2nd prize - Double Quilt & 2 Shams; and 3rd prize - Twin Quilt & Sham. Draw date is December 5, 2020 with proceeds to Palliative Care.

Ticket Books are available in the Welcome Area and all members are asked to please pick up a book (or more) of tickets and sign your name and telephone number on the sheet provided beside the ticket books.

If you are unable to pick up a book, please call Paulette (306-782-7923). Thank you.



News from the Knights of Columbus



August 11-12St. Philomena Walking PilgrimageAugust 12Afternoon Bingo

Stay tuned for information re: the distribution and sale of Charity Appeal tickets!

If you are interested in joining the Knights, please call Rejean Houle @ 306.641.5430 or <u>houle_r@yahoo.fr</u> More info.: www.kofc-2031.ca

Saint Philomena Walking Pilgrimage

The Saint Philomena Walking Pilgrimage will be happening again this summer, we start on August 11th at Yorkton and finish on August 14th at the Shrine at Rama. This is a supported pilgrimage with rest stops provided along the way and a trailer carrying tents and sleeping gear to each overnight stop. Pilgrims are invited to join us for all or part of the walk. Precautions are in place to help keep pilgrims safe from the COVID-19 virus. **For more information, check out our website at <u>www.stphilomena.ca</u> or phone Dave or Bev at 306 728 5525**

The Roman Catholic Archdiocese of Regina will gather in joy and thanksgiving for the Ordination of

DEACON CHRISTOPHER JUCHACZ DEACON ANDREW LINDENBACH

To the Sacred Order of the Priesthood

Saturday, August 15, 2020 10:30 AM Holy Rosary Cathedral LIVESTREAMED



God's "Cookie Jar" By Mary Katharine Deeley

A cookie jar sits on a table outside my office. Thin Mints, Oreos, and chocolate chip cookies are there for the taking—free and welcome. Sometimes I wish it wasn't there because the daily temptation is hard to resist, though I do avoid the sweets most of the time.

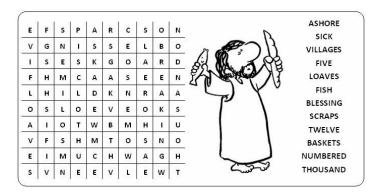
The cookies are part of our hospitality corner. Hot water for tea, coffee, and hot chocolate is also available. Students and associates come to take a break from studying or working and appreciate the refreshment. Over the years, many have stopped by my office to talk about school, jobs, and the meaning of life. Who knew that such a little thing as free cookies would create such graced moments?

Today we celebrate and remember the free gifts God has given to the human community. "Come to the water," Isaiah urges us; "The Lord is good to all, compassionate toward all your works," the psalmist cries out (Psalm 145:8). Saint Paul reminds us that nothing can separate us from God's love, and Jesus multiplies bread for thousands, making sure that all have what they need.

We only have cookies in our jar, and the looks on people's faces tell me they're much enjoyed. How much more, then, do we welcome and need what is in God's "cookie jar"—love, life, mercy, forgiveness, and himself?

We lift up one another in welcome and conversation. God lifts all of us up— teaching us, refreshing us, and showing us where we can participate in his hospitality by taking what he has given us and feeding others.

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THE SEASON OF CREATION - 2020

Every fall our Holy Father instructs us to observe the Season of Creation beginning with Sept 1, Creation Day and ending with the Feast of St. Francis of Assisi Day.

Dates for Series A: The Spirit in Creation

September 1	Creation Day
September 6	1 st Sunday in Creation – <u>Forest Sunday</u>
September 13	2 nd Sunday in Creation – <u>Land Sunday</u>
September 20	3 rd Sunday in Creation – <u>Wilderness/Outback Sunday</u>
September 27	4 th Sunday in Creation – <u>River Sunday</u>
October 1	St Francis of Assisi Day – <u>Blessings of the Animals</u>

In preparation for The Season of Creation we invite you to view a half hour video entitled Laudato Si' - A Canadian Response, <u>https://cwl.ca/laudato-si-acanadian-response/</u>

The video was produced by the CWL National in 2015, and gives a very good introduction to the Papal Encyclical issued in May of that year.

For more information, contact: *Linda Maddaford, 306.783.3924*

FAMILY ACTIVITY

A Simple Meal of Thanks

In a culture of consumer abundance, our family members might not appreciate true need. For many, need is defined as "that which can be purchased later." And, the "stuff" many do possess becomes an area of turf (what one controls). In this mind set, possession and need can be reduced to "what I have and what I want." The "I" negates any sense of other's lack and gratitude to the Creator.

To break out of this selfishness, plan a simple meal for your family. The meal can be a dinner at home or a picnic in the park. As a prayer for the meal, bless God for his goodness. As your family members pass the food around, have the family member who receives the food say "Thank you, Lord." As the meal progresses, ask family members who has a true need and how your family can help them. (Remember, a true need does not have to physical lack.) Devise a plan of assistance. Close the meal with an offering to God of everything you have.

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Helping Children Speak to God

Greetings!

Imagine never connecting with a friend. No phone calls. No texts. No walks with interesting conversation. No communication at all. Would you feel close to that person? Would you feel free to turn to the person when in need or to share good news?

Now think of your relationship with God. How good would that relationship be if it was void of communication?

Prayer is simply talking to God and listening for God's response. And when we make time for communication with God, our relationship with God grows.

We can help our children understand this in many ways. Of course, we will want to incorporate structured times of prayer into their day. We can make sure to include grace before meals. We can use the traditional table blessing "Bless us, O Lord." We can sing the refrain of one of our Communion songs, such as "Dona Nobis Pacem," "Holy God, We Praise Thy Name," "I am the Bread of Life," or any familiar hymn from Mass.

Encourage children to present their needs to God.

Another time for scripted prayer is bedtime. Many families teach their children a special prayer that they say as they get ready to sleep, such as the prayers of the Rosary. This is also a good time for children to learn to pray extemporaneously. Encourage them to present their needs to God. At bedtime, we can ask, "For whom and for what would we like to pray tonight?" These spontaneous prayers can be funny, tender, and meaningful. Praying for the Church, for the world and its leaders, for special issues such as the care of creation, for the people we love, and more, can be part of this prayer time.

Help children understand that prayers to God are no more limited to certain times or wordsthan any relationship is. Saying, "God, help me with my test" or "Help Grandpa get better" are prayers. When afraid, we can pray to God for help. When we see someone in need, we can pray that God will be there for them through other people. Model this for your chil-



Parents and grandparents can show children how to bring prayer into their day.

dren. When passing an accident site, ask the children to join you in praying for the people involved, their families, and the rescue workers. Is a youngster struggling with behavior? At naptime, pray together that God will be there to help with good choices. Remind them that God is always present and is embracing them.

Help children see that prayer is also praise and thanksgiving. Do they see something amazing in nature? "Wow, God! That's awesome" is a prayer. Are you wrapping a gift? "Thank you, God, for Aunt Sheila" is a prayer.

Of course, we have to "practice what we preach!" See if encouraging this loving connection with God for your children deepens your prayer life.

Text by Trish Sullivan Vanni. Art by Kathy Ann Sullivan. © 2017 Archdiocese of Chicago: Liturgy Training Publications, 3949 South Racine Avenue, Chicago, IL 60609; 800-933-1800; www.LTP.org. *Pastoral Liturgy** magazine. May/June 2017, www.PastoralLiturgy.org.

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Your St. Gerard Parish COVID-19 Questions Answered

On March 18, 2020, Archbishop Donald Bolen, in keeping with the Code of Canon Law no. 87, granted to all the Catholic faithful dispensation from their Sunday obligation. <u>This is still in effect.</u>

What does this mean? As Roman Catholics, we have an obligation to attend Sunday Mass. Until further notice, Archbishop Don has granted an exemption from this obligation. For those who are unable or choose not to attend Sunday Mass at this time, you do not have to. Other ways to participate in Sunday Mass is to watch it on television or watch the YouTube Mass online, courtesy of Resurrection Parish & Christ the King Parish (Regina) and the Archdiocese of Regina.

What happens if someone at Mass develops COVID-19? All parishioners who have preregistered will be contacted immediately.

Do I need to wear a mask? At the present time, masks are not mandatory, but this could change at any time. You may wear a mask if you wish, and are encouraged to do so (*thank you to Rita R. who has been supplying our parish with fabric masks*). If you have seasonal allergies, please wear a mask for your own comfort and for the peace of mind of other parishioners. Thanks!

Why do I need to register each time when I would like to attend Mass? We are blessed at St. Gerard's to have a large parish family! In order to provide all parishioners with an equal opportunity to attend Sunday Mass, it is necessary to register each week.

Why can't I sit in my usual place? In order to accommodate as many singles, couples, and families as possible, it is necessary to assign seat numbers so that all are able to celebrate safely.

Carefully attending [to the directives] is the best way to ensure that we won't contribute to the spreading of the virus, and the most helpful step we can take in convincing government and health officials that opening our churches to larger numbers is a safe and responsible thing to do.

PRAYER FOR ANXIETY

Today, I pray for all those who suffer from anxiety in the midst of this exceptional situation we are going through.

May they get comfort, Lord, both in your unlimited Love and in the community.

Holy Spirit, be our light so that we keep faith in the heart of our daily lives and in that way, we may transform fear into hope. Amen. Lord God,

I pray for all who have become sick or died by the coronavirus that has been spreading around the world.

In your mercy and compassion, deliver us from this disease,

In your holy wisdom, guide all who are working to contain the outbreak,

In your steadfast love, bring healing to all your children who have become sick,

Welcome into your arms the ones that died, comfort the ones they left behind.

In faith, I place my trust in you.

In hope, I turn to you in my time of need.

In love, I give glory to your name.

In gratitude, I will praise you with my life.

In your Son's name I pray. Amen.

Calling Teens and University Students

Are you looking to meet some new people, look at some of life's big questions and have a few laughs along the way?

Please join us for "Alpha" Online. There will be a few opportunities for us to potentially gather in person as a group, but the majority of the gatherings will happen online. We promise it will be an hour WELL SPENT each week!

So Join us Wednesday evenings at 6:30PM, starting on July 8th. No need to register. Just join us on ZOOM at <u>https://zoom.us/i/643587934</u>

Any questions contact Michelle: mbraden@archregina.sk.ca

Office of Youth and Young Adult Ministry Event

A DAY RETREAT "Redefining Normal; Faithfully Stepping into the Unknown"

It will be held on Aug. 22 from 10am-10pm out at Glen Harbour Camp. (on Long Lake approx. 40 minutes NW of Regina) Cost is \$60. Everyone 19 and up is welcome but spaces are limited.

To register or get more info, please go to <u>https://archregina.sk.ca/youth-ministry/young-adult-ministry</u>

The Office of Youth and Young Adult Ministry, is thrilled to announce a new dynamic in young adult ministry coming soon! Watch for more info about small group ministry starting in the early Fall!

Blogs and Podcasts and Websites (Ctrl+Click to follow the link)

- Amazing Parish Thrive
- <u>Thinking Faith</u> with Dr. Brett Salkeld and Deacon Eric Gurash
- <u>Barefoot and Preaching</u> Leah Perrault

Books and Other Resources (Ctrl+Click to follow the link)

- Free Catholic Novels
- What's Next for the Church A PDF book from Word on Fire
- <u>A Celebration of the Word of God</u> St. Therese Institute

An Ignatian Prayer Adventure

You are invited to join in **An Ignatian Prayer Adventure** with commentary and reflection by: Fr. Larry Gillick SJ—Director of The Deglman Centre for Ignatian Spirituality, Creighton University - Omaha, Nebraska.

A 10 - part video series. Fr. Gillick will provide videos containing his reflections on various aspects of the exercises as your journey progresses. These videos are being prepared especially for the Archdiocese of Regina.

These videos will be released every 2 to 3 weeks, and come with guided prayer material. *This is a work at your own pace retreat.* The retreat uses the book 'An Ignatian Adventure, by Kevin O'Brien S.J.'

Subscribe to our YouTube page at <u>www.youtube.com/user/ArchdioceseRegina</u> and you will be notified when new videos are released.

Archdiocese of Regina on Social Media

We invite you to like us on Facebook, we will have regular Facebook Live prayers and we would love to have you join us!

www.facebook.com/ArchdioceseofRegina/

You can also find us on Twitter @archioceseofreg and on Instagram archdioceseofregina.

Compassionate Listening

If you find that during this difficult time you need a compassionate listening ear, visit:

https://archregina.sk.ca/archregina-outreach

for a list of spiritual directors and candidates in training who have volunteered their time to be there for anyone who is struggling.

Prayers, Devotions and Resources



Visit the Prayers and Devotions page to find information on daily mass, daily readings and reflections, prayers, stations of the cross and other resources that may be valuable during this time of social distancing.

https://archregina.sk.ca/prayers-devotions-resources

YOUTH NEWS AND INFORMATION

"The Reign of God"

This Week...

The Reign of God is both delightful and frightening. It is delightful to come across a treasure buried in a field or a perfect pearl. For such a precious commodity, we might invest our life savings. However, the image of everything being divided into the "useless" and the "worthwhile" is rather frightening.

For Your Reflection

The Reign (power and control) of God is also known as the Kingdom of Heaven. It takes place on earth and reaches its fullness in heaven.

- Often in school, business, politics, and even social settings people try to assert their own power and take control of things. Where have you seen this happen?

When people surrender their life to God's power, life is different. Then people don't try to control things or one another; they try to work together so that God's way rules. This rarely occurs on earth, but it happens once in a while. There is peace, understanding, and cooperation, and no fear, competition, or dishonesty.

- Have you ever seen this happen? If so, where? What was the situation?
- Do you think you can do anything to help bring forth the Reign of God at home, at school, at your job, with your friends? Why or why not? What would have to happen to create a little heaven on earth?

Excerpt from In Touch With the Word, Cycle A for Ordinary Time St. Mary's Press, 2004



RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA) is an incredible journey of discovery, the discovery of God's love in Jesus. If you or someone you know is interested in exploring the friendship and saving grace of Jesus Christ, we invite you to join us in the RCIA journey. It is a warm, welcoming experience that introduces the Christian faith in our Roman Catholic tradition. We explore topics such as Holy Scripture, the Sacraments, Church history and the core beliefs of the Church. Anyone who has taken this "leap of faith" has found it to be a life-altering experience.

The RCIA process is intended for those who are non-baptized. There are several rites and stages that are part of the process to prepare adults for Baptism and to receive the Sacraments of Confirmation and Eucharist at the Easter Vigil.

Rite of Reception of Baptized Christians into the Full Communion of the Catholic Church. If you have been baptized in another Christian tradition, the Catholic Church respects that baptism. Baptism is the sacrament of our rebirth in Christ and our immersion into His saving death and Resurrection. It can never be repeated. Reception into the Full Communion of the Catholic Church happens after a period of preparation through catechesis, prayer and worship, and an introduction to Catholic life, values, and mission.



Adults who have been baptized in the Catholic Church but have not received the Sacrament of Confirmation can prepare for reception of this sacrament through a period of catechesis and prayer.

If you are interested in this journey of faith, please contact Fr. Louis at 306.782.2449 or 306.782.0323.

And to all our friends in St. Gerard's parish, we remind you that we all have a responsibility to share our faith and bring others to Christ. If you know of a family member, friend, co-worker or fellow student who is searching for a deeper meaning in their life, let them know about RCIA.

LOST SOMETHING?



Mitts, toques, etc. – check the literature display drawer marked "Lost and Found" in the Welcome Area.

Books, religious articles, jewellery, etc. – contact the Parish Office.

OFFERING A MASS

The offering of a Mass in the name of a deceased family member or friend is one of the greatest ways to keep our beloved dead in our living memory. At each celebration of the Mass, the great prayer of sacrifice is made complete as Jesus' life, death and resurrection is offered to God the Father. When we offer a Mass for a particular person, we ask that in a special way the individual be remembered by the priest who offers up the great sacrifice on behalf of the whole community of faith. In a very real and active way, the life, death and resurrection of the person remembered becomes present and is offered up with Jesus. Each time we offer up a Mass for someone, living or dead, we celebrate the greatest gift of our faith – the gift of Everlasting Life in Christ.

Adoration of the Blessed Sacrament is available daily at the EADM Centre Chapel at 484 Hamilton St. Regina. Hours: 10:00 am to 8:00 pm on Monday through Thursday. Friday, Saturday & Sunday: 2:00 to 5:00 pm. Please help us keep Adoration of the Blessed Sacrament available in Regina on a daily basis.

The Healing and Growth Centre St. Therese Institute of Faith and Mission

St. Therese Institute of Faith and Mission – Searching for God's purpose in your life? Want to live life more fully, and take your faith to the next level? Then, come to St. Therese! At St. Therese Institute of Faith and Mission, adults of all ages can explore their faith, discern their vocation in life, foster their prayer life and deepen their relationship with Jesus Christ. Visit on line at <u>www.sttherese.ca</u>

Rachel's Vineyard: a psychological and spiritual journey for healing after abortion.

Are you hurting because of an abortion? **Rachel's Vineyard** is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing. For more information, please contact Elaine at <u>1.306.480.8911</u> or email <u>r.vineyardsk@sasktel.net</u>

ST. FRANCIS XAVIER UNIVERSITY offers <u>distance education</u> courses for adults seeking faith formation for personal and professional development: *Diploma in Ministry; Certificate in Lay Ministry; Come Let Us Worship: A course in liturgical foundations; Certificate in Spirituality; and Diploma in Intellectual Disability Studies.*

For an information package please contact Continuing & Distance Education, St. Francis Xavier University, toll free 1-877-867-5562, <u>diplomainministry@stfx.ca</u>