



Archdiocese of Regina *Bulletin*

December 15, 2019
Third Sunday of
Advent

Christmas and New Year's Mass Times

Christmas and New Year's Mass times for the Archdiocese of Regina are available on our website for your convenience:

<https://archregina.sk.ca/christmas>

Prayer for Life and Family

Saviour, you long to set us free. The waiting is over and you have already worked it out. Help us to live through the moments of our own salvation, in the messy and long ways that you work in this world and the world to come. May we place our own salvation in the manger with you. Amen.

When Christmas Hurts

Sunday, December 15, 2019 - 7:00 PM at Christ the King Parish Hall

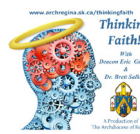
What if your childhood Christmas memories are not filled with peace, joy, and love? For many victims of trauma and abuse, the Christmas season is not met with joyful anticipation but rather with sadness and dread.

In creating trauma informed perspectives in their community, workplace and families, a greater understanding of how to support better outcomes for victims and survivors of trauma and abuse may result. This workshop provides an opportunity to learn about clergy sexual abuse and other types of trauma and abuse, while illustrating common trauma responses. An introduction to trauma informed care is designed to encourage practical ways of supporting people in the community who are hurting. The presenter is Lorie Harrison of Legacy Ridge Inc. Lorie is a registered professional counsellor who has been contracted by the Archdiocese of Regina to counsel victims of clergy sexual abuse, and to help educate parishes, in consultation with victims of clergy sexual abuse, providing a trauma informed perspective.

Stewardship Bulletin Bit

"You too must be patient. Make your hearts firm, because the coming of the Lord is at hand." (James 5:8)

Patience is another one of those things many of us struggle with. We want things to go according to our plan and our schedule. Any change brings anxiety and fear. Through daily prayer we better align ourselves with God's will and His plan, which is far better than anything we can come up with on our own.



TF169: Enculturation, Syncretism and Our Lady Of...

The National Day of Prayer In Solidarity with Indigenous Peoples which coincides with the feast of Our Lady of Guadalupe (December 12) and the concerns around

Indigenous statues at the Vatican is a perfect time to revisit a past show topic. In this part one of two, we'll discuss Our Lady's role in enculturating the Gospel through dress, language, and symbol and try to put to rest the concerns about wooden statues once and for all. <http://thinkingfaith.libsyn.com/tf169-enculturation-syncretism-and-our-lady-of>

Advent and Christmas Books and DVD's

Looking for a fruitful and meaningful Advent and Christmas Celebration with your family? Advent and Christmas Books and DVDs are available at the Archdiocesan Resource, Centre 445 Broad Street North, Regina. We are open Monday – Friday 8:30 a.m. – 4:30 p.m. Contact Melissa Gurash at 306-352-1651 ext. 237 or email mgurash@archregina.sk.ca. You can also search and reserve library materials online at www.archregina.sk.ca/resource-center.

Holy Childhood Association Advent Materials

The Holy Childhood Association (HCA) is designed for Catholic Children so they can help other children around the world. There are many Advent activities to do. Download the Advent calendar; Advent wreath and Jesse Tree, Christmas Timeline, O Antiphons and more for your child at: <https://archregina.sk.ca/youth-ministry/holy-childhood-association>

**ARCHDIOCESE OF REGINA
WEEKLY**

Sign up Now At

www.archregina.sk.ca/news



For assistance in signing up contact:
communications@archregina.sk.ca or 306-352-1651

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

BULLETIN BOARD

GriefShare

It hurts to lose someone but you don't have to go through the grieving process alone.

Weekly sessions:

Tuesdays 2 – 4 p.m., January 21 – April 7, 2020

Christ the King Parish Parish Centre

GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. Our sessions are led by people who understand what you are going through and want to help. You'll gain access to valuable resources to help you recover from your loss.

What others are saying:

"I am thankful to find a group that that knows how I feel"

"Helped me simply get through each day"

"GriefShare literally saved my life!"

"I am thankful to find a group that knows how I feel"

For more information, or to register, contact:

Linda Lucyk, Pastoral Care Coordinator

306-539-6889 lindalucyk@sasktel.net

9 Day Novena for Christmas

St. Cecilia Church, 5020 – 7th Ave, Regina. Members of the Colombian community invite you to experience a tradition dating from the 1700s and passed from generation to generation. The Novena is a 30-minute devotion consisting of prayers said every day from December 16 to 24 (*mostly 6:30 p.m.*). This is a wonderful family spiritual event; children of all ages most welcome.

Mon., Dec. 16, 6:30 pm; Tues., Dec. 17, 6:30 p.m. (*Mass 7:00 p.m., Adoration & Individual Reconciliation 7:30-8:30*); Wed., Dec. 18, 6:30 p.m.; Thurs., Dec. 19, 6:30 p.m.; Fri., Dec. 20, 6:30 p.m.; Sat., Dec. 21, 6:00 p.m. (*Mass 7:00 p.m.*); Sun., Dec. 22, 5:30 p.m. (*Spanish Mass 6:00 p.m.*); Mon., Dec. 23, 6:30 p.m.; Tues., Dec. 24, 6:00 p.m. (*Christmas Eve Mass 8:00 p.m.*).

Thank You

Sacred Heart School would like to thank all the people who donated to our Santa Store. It was a huge success and the remainder of the items went on to another deserving school. We could not have done it without your generosity.

Please note if you have any extra gift bags, gift tags, tissue paper and gift-wrap from over the holidays we will be accepting donations at the school in preparation for next year. We greatly appreciate your support. If you have any questions please contact the school at 306-791-7290.

DivorceCare for MEN

Are you a man who is has been separated or divorced and who is suffering? Do you know someone who is?? Find HELP, HEALING and REAL HOPE for your future. Join with others and 'grow' through the pain of divorce together.

Starting Sunday, January 12, 2020 from 7 - 9 p.m.

Contact: Deacon Kevin Harty 306-537-7192 or

deacon@christtheking.ca. Because no one should go through separation or divorce alone

Santa Maria Foundation

Santa Maria Senior Citizens' Home is part of our Catholic Community. The Santa Maria Foundation provides funding for spiritual care for our residents and other quality of living supports which are not otherwise funded. As we enter into this Advent season, might you consider supporting the Santa Maria Foundation? On behalf of our residents, we thank you for your kindness. To donate or for more information, please stop by, contact kelly.chessie@saskhealthauthority.ca or call 639-625-7094. Santa Maria Foundation is a registered charity. Tax deductible receipts are issued for all donations.



Archdiocese of Regina

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Bulletin announcements can be sent to: communications@archregina.sk.ca