



Archdiocese of Regina Bulletin

February 4, 2024
5th Sunday in
Ordinary Time

Igniting the Spirit of Reconciliation

Join us at the Neil Balkwill Centre (2420 Elphinstone Street) for the art show, 'Igniting the Spirit of Reconciliation.' Featuring 94 artworks representing each of the 94 Calls to Action from the Truth and Reconciliation Commission's final report, the pieces were created by students of Balcarres Community School and Vibank Regional School. Brought to Regina by the Truth and Reconciliation Committee of the Roman Catholic Archdiocese, the exhibit runs from February 3 – 29, 2024.

Don't miss these special presentations:

Feb 8: (7:00 p.m. – 9:00 p.m.): Official Opening with Michele Schwab and Holly Yuzicapi.

Feb 17: (10:00 a.m. – 3:00 p.m.): Guest Speakers Cadmus Delorme, Donald Bolen, and Kaila Johnstone address specific Calls to Action.

Feb 21: (1:00 p.m. – 3:00 p.m.): Regina Survivors Circle members sharing their Indian Residential School experiences.

Feb 26: (1:00 p.m. – 3:00 p.m.): Presentation by Susan Beaudin on Sacred Treaty Relationships.

Registration is required due to limited space. Email trcsask@gmail.com to register. Snacks and refreshments provided.

Development and Peace Share Lent Workshops

•**Yorkton:** Sunday, February 4, following 11:00 AM mass and light lunch, St Gerard's Parish, contact Mark Bell: jmbell@sasktel.net

•**Assiniboia:** Saturday, February 24th at 1:00 PM, St George's Parish, contact Susan Robinson: susanmr@sasktel.net

•**Swift Current:** Sunday, March 3 at Christ the Redeemer Parish following Mass, a light lunch will be provided. Contact Michele Vallee - kmvallee@sasktel.net

ONLINE CAMPAIGN LAUNCH

Saturday, February 17th, 12:30 pm – 2 pm: "SEE" what our partners are doing. Campaign launch registration: us02web.zoom.us/j/91011234567

Contemplative Listening A Formation Program for the Ministry of Spiritual Direction

Facilitated by Archdiocese of Regina Spiritual Directors Group. This two-year program, September 2024 to June 2026, is limited to twelve persons who will meet once a month for ten months each year. It will include some retreats. If you believe you are a possible candidate for this program and would like more information and an application form, contact Karen Ziegler (306) 527-2738 email: k.ziegler@sasktel.net or Dennis Ziegler (306) 539-7134 email: d.ziegler@sasktel.net before March 1, 2024. For more information visit archregina.sk.ca/group/spiritual-direction/

Engaged Encounter Weekend

An Engaged Encounter Weekend gives couples planning marriage the opportunity to dialogue honestly and intensively about their future lives together. The weekend is designed to deepen and enrich relationships with one another, God, the Church and the World. Couples are given opportunities to learn more about one another as they engage in deep and meaningful discussions dealing with all aspects of married life. Our next weekend at St. Peter's Abbey in Muenster, Saskatchewan is April 26-28. Cost is \$480 for the weekend and this includes all meals and accommodations. All registrations are done online by visiting www.ceewest.com. Contact Lynn and Wanda Freistadt for further information at ceemuenster@sasktel.net or 306-373-8607.



Archdiocese of Regina RENEW Lent

RENEW your Lent with weekly reflections, music, prayer resources and other lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca.

Pope Francis' Monthly Prayer Intentions - February

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment. popevideo.org

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Stewardship Bulletin Bit

"Rising very early before dawn, he left and went off to a deserted place, where he prayed... He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'" - Mark 1:35, 38

In today's Gospel reading, we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus takes time to be alone with God in prayer. It is through prayer and spending time with God that we are given the graces needed to do what He wishes us to do. Praying before acting is a great habit to develop.