



Archdiocese of Regina

Bulletin

March 19, 2023

4th Sunday of Lent

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Abuse: Verb /ə' byōōz/ Noun /ə' byōōs/

Starting as a verb and became a noun in the mid-15th century. The early link for abuse was from Old French, and by the mid-15 century was "improper practice," moving to "violation defilement." Forbidden sexual situations originally meant incest, etc., and by 1550, became specific to misuse sexually with a change to the modern description of "subjected to unwanted sexual activity." The term abuse is now associated with the improper use of substances.

The Gale Encyclopedia of Medicine defines abuse: as any action that intentionally harms or injures another person. Physical, sexual, emotional, neglect and substance are some types of abuse.

Please join us for Chemin de croix exprimé par la voix des victimes:

Soutenir les victimes d'abus sexuels cléricaux Friday March 17th at 6pm either in person or via Live stream from St. Jean Baptiste located at 2517 -25th avenue Regina. Live stream can be found here: St. Jean Baptiste YouTube channel found at: youtube.com/channel/UCyAgZj0wG1YvhSDq1CPPokQ

Stewardship Bulletin Bit

"Not as man sees does God see, because man sees the appearance but the Lord looks into the heart." 1Samuel 16:7

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Standing for the Land in Honduras

Honduras's diverse ecosystems, fertile lands and rich natural resources attract many profiteering enterprises that overexploit the land to no benefit for local communities.

Development and Peace — Caritas Canada supports Equipo de Reflexión, Investigación y Comunicación (ERIC, Reflection, Research and Communication Team), an organization that helps communities in their struggle for land and territory and investigates human rights abuses.

This Lent, meet our solidarity visitor Elvin Hernández, a human rights investigator at ERIC. Learn more at devp.org/lent.

Pope Francis' Monthly Prayer Intentions - March For Victims of Abuse

We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.

thepopevideo.org

LESSON FIFTEEN

FAQ: Can the Catechism help an individual's quest for God? It is organized by the four pillars of catechesis (Creed, Sacraments, Morality & Prayer); it can be used as a valuable resource for forming catechumens in a group or an individual. Since the Catechism does not intend to offer a methodology for catechesis, its content can be used in various catechetical methods with equal value. The Catechism has an inherent flexibility that can correspond to the faith journeys of all believers.

Is God a man with a long beard? Dieu, est-il un homme avec une longue barbe ?

Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC#'s 239 & 370

Sacred Scripture: Ephesians 4.5 & 6, Genesis 1.27, Psalm 89.26, 103.13 Isaiah 64.8,

Saint Clement of Alexandria 150-215 AD (Head of the Catechetical School of Alexandria): "In his ineffable essence he (God) is father; in his compassion to us he(God) became mother. The father by loving becomes feminine." – Quis Dives Salvetur? (Who is the Rich Man to be Saved?)

Fasting Like a Refugee: A Lenten Call to Solidarity

Lenten reflections based on the Sunday readings will be posted to our Facebook page and linked to our website. These could serve as journaling entries or as a conversation at supper. Please share and encourage others to participate.

Read the reflection series at archregina.sk.ca/news



Chrism Mass

Monday, March 27
2:00 PM

Chrism Mass

This year's Chrism Mass will be held on Monday, March 27 at 2:00 PM at Holy Rosary Cathedral.

Archdiocese of Regina Social Media and Catholic News

Facebook: facebook.com/ArchdioceseofRegina/

Twitter: @archdioceseofreg

Instagram: archdioceseofregina

YouTube: youtube.com/archdioceseRegina

ArchRegina Weekly Report: Signup for weekly

Catholic News at archregina.sk.ca/news/

SAVE THE DATE CHAS' 80TH CONVENTION

Title: Holistic Care: Healing Through Stories, Spirit and Song

Dates: Thursday October 26 - Friday October 27th, 2023

Location: Queen's House of Retreats in Saskatoon
More details to follow

CFC Youth Camp

CFC Youth Regina would like to invite all youth ages 12-18 years old to their annual youth camp to be held in Dallas Valley Ranch Camp on April 21-23, 2023. Registration is now open and will end on April 7, 2023, for more info Contact Rene and Abie Reyes at 306-520-3729.

Archdiocese of Regina

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itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Keeseekoose First Nation is a Saulteaux nation located near Kamsack, Sk. with a population of approximately 2,500 members who live on and off reserve. Chief Kiishhikouse (Little Sky) signed an adhesion to Treaty 4 in 1875. On February 15, 2022, Chief Ketchemonia announced that 54 unmarked graves were found at Fort Pelly and St. Phillip's Indian Residential Schools sites. Survivors spoke in their Saulteaux language when they told their stories of the abuses they experienced in these institutions. Retrieved on February 17, 2023, leaderpost.com/news/saskatchewan/keeseekoose-first-nation-announces-discovery-of-54-unmarked-graves

MUSICA SACRA GOOD FRIDAY

MEDITATIVE CHORAL REFLECTIONS

FEATURING:

MASS FOR DOUBLE CHOIR
BY FRANK MARTIN

FRIDAY, APRIL 7, 2023

7:30 PM CAMPION CHAPEL

Spiritual Care Education course opportunity CPE Spring Intensive

St. Paul's Hospital, Saskatoon

Full-time, May 8-July 21, 2023

CPE (Clinical Psychospiritual Education) is for anyone interested in spiritual care as a career or as a skill set to further their own volunteering, ministry, or profession. CPE is an opportunity to develop self-awareness and listening skills for providing competent emotional, spiritual, and religious support. Students develop professional practice skills including confidentiality, ethical practice, boundaries and understanding of safe and effective use of self.

Each unit of CPE offers 400 hours of study, including 200 hours of practical experience and 200 hours of supervised, peer-group learning. Tuition is \$1350, academic transcript available.

Find out more at CPE-Saskatoon.com

Contact Julie Bergen

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