



Archdiocese of Regina Bulletin

November 26, 2023

**Our Lord Jesus,
King of the Universe**

Journey Through Advent



WEEKLY REFLECTIONS | MUSIC | RESOURCES

Journey Through Advent

Sign up for a weekly Advent series with weekly reflections, music, prayer, resources and other activities to enhance your Advent Journey. These weekly reflections will be emailed each week during Advent. Sign up here archregina.flocknote.com/ArchdioceseofRe5 or email mgurash@archregina.sk.ca



On the solemnity of Our Lord Jesus Christ, King of the Universe. Christ the King will restore all creation and restore his kingdom to the Father. The risen people of God will rejoice in a new heaven and a new earth. In 2020, Pope Francis also declared this day World Day of Youth. Saint John Paul the Great had this to say to young people: "It is Jesus you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle. It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be grounded down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal." Your support of the Archbishop's Appeal contributes to the office of youth and young adult ministry so that through the programming, retreats, and work of the staff, all the youth of our archdiocese may come to experience and believe these words.

Laudate Deum: Eco-Spirituality in Action

Join Citizens for Public Justice in collaboration with For the Love of Creation and the Galilee Catholic Retreat Centre for a powerful webinar dedicated to Pope Francis' Apostolic Exhortation, "Laudate Deum." Discover how this inspiring document serves as a call to action in the realms of environmental justice and creation care. Our speakers include leaders in Catholic social and environmental justice, as well as individuals from local congregations actively pursuing green initiatives.

Tuesday, December 5, 5:30 - 7:00 PM

Visit CPJ.ca/events to register

Please note that live French interpretation of the webinar will be available!

Lay Formation Class Auditing

Deepen your knowledge of the faith! The Archdiocese of Regina's Lay Formation Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion. Follow the link for more information on how to join our community of lifelong learners today! archregina.flocknote.com/signup/134383

Pope Francis' Monthly Prayer Intentions - November

Let us pray for the Pope so that in the exercise of his mission, he may continue to accompany in the faith the flock entrusted to him by Jesus, always with the help of the Holy Spirit. thepopevideo.org

Stewardship Bulletin Bit

"...whatever you did for one of the least of my brothers, you did for me." – Matthew 25:40

Most of us are generous when it's convenient for us. We are generous when we have the time or the money. But real generosity is the opposite of that. It means giving of one's time, money, compassion, forgiveness, or mercy when it's not convenient to us when it's not on our schedule, but on the other person's timeline.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Parish Advent Mission with Matt Nelson

St. Vincent de Paul Parish in Weyburn is hosting their annual Advent Mission on Dec 2 and 3 at 7:00 PM with special guest speaker Matt Nelson. Matt's two-part presentation is "Prepare for the Lord! 7 ways to ready the mind, body, and soul for Christ's coming." Matt will discuss how, during Advent, we prepare to commemorate the first coming of Christ at Christmas while we look ahead to Christ's second coming at the end of time. Matt will suggest seven key strategies for preparing ourselves to encounter Jesus this Christmas season and beyond. Everyone is invited!

Becoming a Sanctuary for Christ

An advent evening of adoration, prayer, reflection and creativity with Sr. Chantelle Bonk, PM. Wednesday, December 6 at 7:00 PM at Holy Trinity Parish – 5020 Sherwood Dr. Drawing and colouring supplies for the creative component will be provided. You are welcome to bring your journal, Bible, and any other creative medium that can be done from your pew. Free will offering. Questions? Email htrinityfaithformation@gmail.com

Advent Recollection: Reconciliation, Adoration, and Healing

December 17, Third Sunday of Advent (Gaudete Sunday)
5:00 to 7:30 PM

St. Cecilia Parish, 5020 – 7th Avenue, Regina

In the holy Advent season, experience a time of enlightenment through adoration and healing with Jesus who brought light to the world. During this busy time of preparing for Christmas, pause and take advantage of this recollection opportunity.

Led by Fr. Sathi Antony, St. Gerard Parish, Yorkton

- Holy Mass – 5:00 PM.
- Adoration and individual Reconciliation – 5:45 PM.
- Release prayer for personal healing, from darkness to light – 7 PM.
- Refreshments and fellowship – 7:30 PM.

Nativity Display

This year, we're celebrating the birth of our savior in a big way! Assiniboia Saint George's CWL is sponsoring a Nativity Exhibit: on December 1 (12 noon -9:00 PM) and Dec 2 (10:00 am -7:00 PM). There will be a multitude of displays - anything to do with the Christmas story. Banners, mangers, advent calendars, ornaments, books, and more. Crafts and story time for children. Door prizes. Everyone welcome!! FREE ADMISSION. We will have a lunch counter, a Christmas baking sale, door prizes, and an auction of fifteen Christmas wreaths that have been donated by local businesses. St George's Parish Hall 325 6th Avenue East, Assiniboia

Music Sacra - Save the Date

Save the Date! Campion College will be hosting the Advent Musica Sacra on December 10, 2023 at 2:00 PM. This year's theme is Hope, Peace, Joy, and Love: Meditations on Advent. Join us in the second floor Campion Chapel to embrace the joyful meaning of the season.

HOSPITAL CHAPLAINS

Pastoral Care focuses on people's needs from a spiritual and theological perspective in order to help create an optimum climate for healing of body, mind and spirit. If you are a loved one in the hospital, please contact the chaplain to arrange a pastoral care visit:

Pasqua Hospital: 306-519-1380 - Jennifer Holtslander General

Hospital: 306-519-1405 - Jerry Fitzgerald

Wascana Rehabilitation Centre: 306-530-6511 - Joan Rink

LESSON THIRTY-THREE

How does the grace of salvation come to us?

Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/

Catechism Text: CCC nos.1129, 824, 1949

Sacred Scripture: Romans 5.9, 5.20-21, Ephesians 2.5

Saint John Bosco: Do you want our Lord to give you many graces? Visit Him often. Do you want Him to give you few graces? Visit Him seldom. Visits to the Blessed Sacrament are powerful...

Bl Angelo Foligno: The Sacrament (Eucharist) is the Gift of gifts and the Grace of graces.

FAQ: How can the Catechism be most effectively used by catechists?

Catechists do not teach in their own names or teach their opinions on doctrinal matters and teach in the name of Christ, and it is Christ who they teach. Catechists are teachers of the truths of the faith. The Catechism provides a reference work that may be used with catechist manuals to prepare lesson plans. The Catechism is a reliable and credible companion in their catechetical ministry.

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... The Métis Nation is recognized by the Canadian government and represents the Métis people in Saskatchewan. The definition of Métis (metisnation.sk.ca/about-metis/#who) as adopted by the Métis Nation – Saskatchewan is: "a person who self identifies as Métis, is of historic Métis Nation ancestry, is distinct from other Aboriginal peoples, and is accepted by the Métis Nation". The Gabriel Dumont Institute (GDI) (gdins.org/metis-culture/) keeps the Métis culture and history alive. Visit GDI Virtual Museum (metismuseum.ca/) to learn about the Métis people. To find out where the historical Métis communities were located go to Saskatchewan Metis Communities (metismuseum.ca) (Retrieved October 31, 2023)



Advent reflection series online with Fr. Scott Lewis SJ. The dates are Tuesdays, November 28, December 5 & 12, 2023, from 10:00 - 10:40 AM CST/SK time. Fr. Scott will lead a reflection for 30 minutes, followed by a brief Ignatian Conversation or an Ignatian prayer tool (if our numbers are too high). Register at campioncollege.ca/uncategorized/peace-on-earth-advent-scripture-reflections-online/ a zoom link will be sent to all registered participants.